For the Hour Glass block you will need:
From your dark (blue) $41 / 2$ inch square and one 4 7/8 inch square

From your medium (gold) cut four $41 / 2$ inch squares

From your background (white) cut one $47 / 8$ inch square and two $41 / 2$ inch square


Place a dark and a background $47 / 8$ inch square right sides together. Carefully draw a line down the center, corner to corner, diagonally across the block. (This will be a cutting line when you are finished.) Now if you have a true $1 / 4$ inch foot on your machine, you can sew on either side of this drawn line. If not, you will have to draw a second line on either side, exactly $1 / 4$ inch from the first line. This will be your sewing line. After you have sewn on your sewing line, $1 / 4$ inch on either side of your corner to corner to line, you will cut this square in half on your cutting line. You will now have two diagonal half-squares, which should measure exactly $41 / 2$ inches.


Now you can assemble your block.

Make one set like this.


Make two sets like this.

Finish your block following this diagram. Your block should measure 12 1/2 inches.


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